



Clive Pugh Memorial 25-Mile Time-Trial



Sunday 3rd July, 2022

Promoted by Reading CC for and on behalf of Cycling Time Trials under its Rules and Regulations

<https://www.cyclingtimetrials.org.uk/articles/view/11>

Sunday 3rd July, 2022, Racing starts at 08:01

Thank you for entering the 2022 Clive Pugh Memorial 25-Mile Time-Trial. Reading CC hopes to provide you with a friendly, competitive experience. Please follow the race protocols and respect the local residents and the guidance/decisions of the volunteer team at all times.

Event Headquarters: Theale Village Hall, Englefield Road, Theale, RG7 5AS. Sign on opens at 07:15

Distance from HQ to start: 3km

[Route from HQ to start](#)

Parking Information: Theale Village Hall car park – **there is a height barrier at the car park entrance which we've been informed cannot open due to a fault**. Please make sure you unload any bikes on roof racks before driving in. If your vehicle is over 2m in height you will be able to park on Englefield Road as there are no parking restrictions in place on Sundays. Please accept our apologies for this.

Officials: Event organiser: Christina Gustafson, readingccvents@gmail.com, 07855651361

Timekeepers: Glen Knight (Newbury Velo), Suzana Murdoch (Reading CC)

Your result will be calculated from your scheduled start time and not adjusted for a late start. Should you miss your start time please report it immediately to the start timekeeper/assistant so that your late penalty is as accurate as possible.

Marshals: Members of Reading Cycling Club

Before heading to the start remember your: number, helmet and working front and rear light. Remember to return your number and sign out before leaving.

Competitors are requested not to warm up on the course after the first competitor has started.

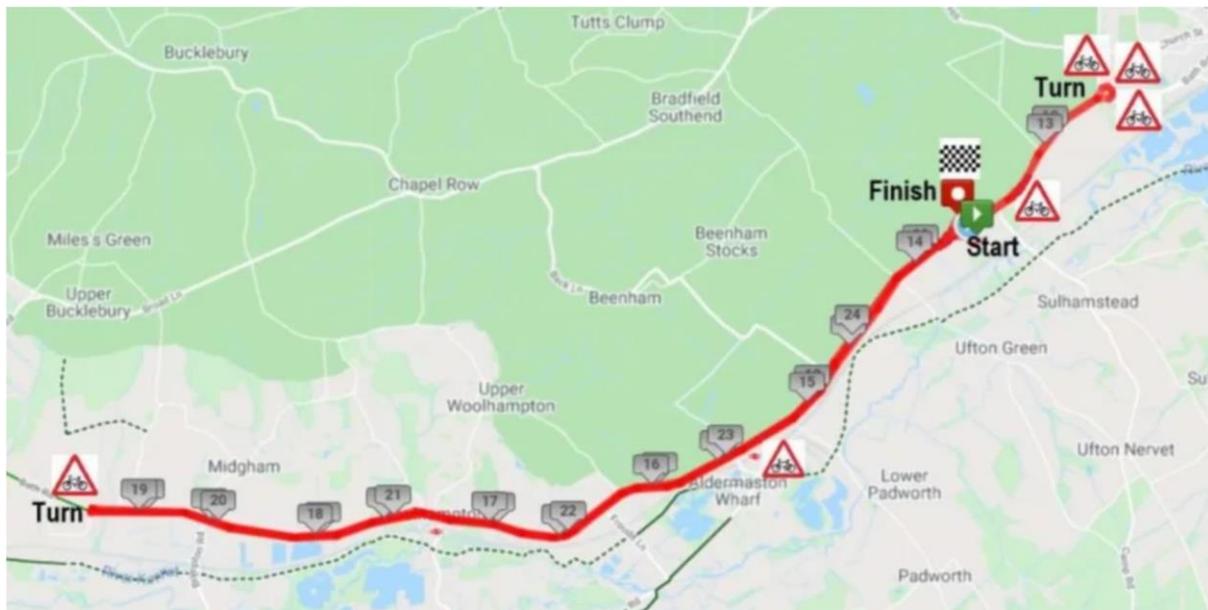
If you DNS/DNF please make the event organiser/HQ volunteers know so that our course marshals are aware

Course Description and Details:

The event will be held on the H25/1A course.

Course H25/1A		
OS Ref		Dist.
620694	Start on the A4, approximately 2.5 miles west of M4 junction 12, at the eastern end of a long lay-by on the South side of the road approximately 300 yards west of the junction of the Sulhamstead Road with the A4 (Spring Inn) adjacent to lamp post 47.	0.000
603676	Go west along the A4. Go straight across the roundabout at the junction with the A340.	1.650
541668	Continue through Woolhampton to the Kennet Park roundabout (Turn)	5.650
632706	Circle the roundabout and retrace along the A4 to go straight across the A4/A340 junction (care, traffic from the right) to a short dual carriageway and on to the large roundabout at the junction with the A340. (Pangbourne Lane) (Turn)	12.500
603676	Circle the roundabout and take the fifth exit to retrace along the A4 westwards, continue through the start point, go straight across the Aldermaston roundabout at the A4/A340 junction	15.170
541668	Continue westwards through Woolhampton to the Kennet Park roundabout (Turn)	19.300
620694	Circle the roundabout and retrace along the A4 Eastbound through Woolhampton to go straight across the Aldermaston roundabout at the A4/A340 junction into the short dual carriageway. Continue past the dual carriageway to finish on the north side of the A4 immediately opposite the start and lamp post 47.	25.000
620694	FINISH	25.000

Course Map:



Details of any hazards not listed in this rider manual will be displayed or advised at the signing on point. All competitors must take note of these details when they sign on.

The start is at the eastern end of a large layby, when waiting to ride please wait in the layby safely until your number is called. Do not line up along the road and aim not to arrive at the start too early.

Course and Rider Safety

The course is sign posted in key areas with large, event warning signs which inform other road users of the event.

The course is subject to routine traffic counts and only authorized by the London West District Council for use at times when traffic volumes are below a nationally agreed threshold.

Marshals will be present at the key areas on the course to provide visible cues to drivers that an event is taking place, to indicate directions to riders and to be present in the case of an incident. Marshals are not authorised to direct or regulate the traffic. It is the rider's responsibility for knowing the course and where to turn.

Riders are responsible for their own safety and are required to observe the law relating to road use.

There is a light controlled pedestrian crossing on the course in Woolhampton Village. The crossing is lightly used but riders must obey the lights and stop if required to do so.

On the approach to the turn roundabouts riders should check behind them and take the appropriate line to circle the roundabout safely. Signal clearly to other road users the course you intend to take. Always give priority to traffic from your right when negotiating roundabouts. When riding through narrow sections with central refuges, riders should be aware of traffic approaching from behind.

Please ride head up at all times and be mindful of the road conditions. As with many roads, there are potholes and defects on the A4. The section between Aldermaston Wharf and Colthrop is fair to good with the roughest areas between Aldermaston Wharf and Theale.

After finishing, riders should proceed to the headquarters and NOT stop at the FINISH.

Course Records:

Solo Male	Solo Female	Solo Male (Junior)	Solo Female (Junior)	Tandem
00:50:06	00:57:30	-	1:04:10	-
Richard Pywell	Lizi Duncombe	-	Bethany Spencer	-
09-May-21	09-May-21	-	09-May-21	-

Results:

Results will be displayed at HQ as soon as possible after the event and will be available at the ResultSheet website by following the link [here](#) or QR code below.



Please do not approach the finish timekeeper at any point for any reason Please do not approach the finish timekeeper at any point for any reason.

Prize List:

	1st	2nd	3rd
Men	£30	£20	£15
Women	£30	£20	£15
Male Road Bike	£20	£10	
Female Road Bike	£20	£10	
Team	Small non cash prize	Small non cash prize	Small non cash prize
Fastest Tandem	£20		
Vet 40-49 Male	£10		
Vet 40-49 Female	£10		
Vet 50-59 Male	£10		
Vet 50-59 Female	£10		
Vet 60-69 Male	£10		
Vet 60-69 Female	£10		
Vet 70+ Male	£10		
Vet 70+ Female	£10		
13th Place	Small non cash prize		
Course Record Male/Female	£20		

One prize per rider with exception of course record (prize of the highest value will be awarded)

There will be refreshments available for all competitors on number return and a brief prize presentation at approximately 10:00. The fastest female and male riders will be presented with the Clive Pugh Memorial Trophy for a photograph.

The team prize will be awarded to the fastest 3 riders from the same team with the lowest aggregate time.

Road Bike Rules

To be eligible for a prize in the road-bike category event please make sure your equipment complies with the following points:

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
3. Wheels must have a minimum of 12 spokes each, and have a maximum rim depth of 90mm
4. Helmets must have no visor
5. Ears must not be covered by the helmet

IMPORTANT - NOTES TO COMPETITORS:

1. Protective Helmets

All competitors must wear a properly affixed helmet which must be of hard / soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to:

- (a) Select a Helmet that offers protection against head injury and does not restrict the rider's vision or hearing
- (b) Ensure that the helmet is properly fitted, is undamaged and in good condition

2. Numbers and Lights:

NUMBERS MUST BE FIXED BELOW WAIST



NO TIME MAY BE RECORDED IF NUMBER IS NOT CORRECTLY POSITIONED

CTT REGULATION: ALL RIDERS MUST START WITH BOTH A WORKING FRONT AND REAR LIGHT ATTACHED TO THEIR MACHINE

3. Signing-on Sheet and Signing-out Sheet:

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must
 - (i) return their race number(s); and
 - (ii) sign the official signing-out sheet. A rider who fails to sign the official signing-out sheet shall be recorded as DNF

Local Regulations – London West DC:

Restriction of Parking at the Start and Finish

LWDC 2 - No vehicles, except those of the timekeeper(s) and other event officials, shall be parked in the vicinity of the start or finish points.

Use of Turbo Trainers

LWDC 3 - Noisy Turbo Trainers are not to be used at morning events within 100 yards of residential accommodation

Prohibition of U-turns

LWDC 8 – Prohibition of U-Turns U-Turns are not permitted within sight of the Start or Finish points, nor on the course. Offenders will be liable to disqualification and will be reported to the District Committee. This may lead to disciplinary action being taken against the rider.

We look forward to welcoming you – have a fast, safe ride.

Please find the rider list/start sheet below

Number	Start Time	First name	Last name	Club
-	08:01:00	-	-	-
1	08:02:00	Richard	May	Islington Cycling Club
1		David	Shannon	Islington Cycling Club
	08:03:00	-	-	-
3	08:04:00	Ian	Pike	Lincoln Wheelers CC
3		Mark	Vowells	San Fairy Ann CC
5	08:05:00	Phillip	Cox	Reading CC
6	08:06:00	Gary	Martin	Westerley Cycling Club
7	08:07:00	Robin	Johnson	Brighton Mitre CC
8	08:08:00	Peter	Horsfield	Redmon CC
9	08:09:00	Martin	Cade	Cranleigh Cycling Club
10	08:10:00	David	England	Crabwood Cycling Club
11	08:11:00	Dan	Clipston	Reading CC
12	08:12:00	David	Hawes	Clapham Chasers
13	08:13:00	David	Newman	Westerley Cycling Club
14	08:14:00	Peter	Conway	7Oaks Tri Club
15	08:15:00	Edward	James	VTTA (London & Home Counties)
16	08:16:00	Cyndi	Goh	Reading CC
17	08:17:00	Rachel	Waite	North Hampshire RC
18	08:18:00	Emma	O'Toole	NopinZ Motip Race Team
19	08:19:00	Rosslyn	Young	Serpentine Running Club
20	08:20:00	Liffey	Daniels	360VRT
21	08:21:00	Anna	Carter	Newbury Velo
22	08:22:00	Jordan	Matthews	FTP RC
23	08:23:00	Rachel	Green	Cheltenham & County Cycling Club
24	08:24:00	Eva	Callinan	AWOL O'Shea Worx
25	08:25:00	Paul	Callinan	London Dynamo
26	08:26:00	Rob	Vessey	Pankhurst Cycles
27	08:27:00	Hedley	Rhodes	North Hampshire RC
28	08:28:00	Andrew	Payne	Maidenhead & District CC
29	08:29:00	Stu	Carver	North Hampshire RC
30	08:30:00	Ben	Payne	Maidenhead & District CC
31	08:31:00	Will	Salisbury	Reading CC
32	08:32:00	Jack	Smy	Abingdon Race Team
33	08:33:00	Gareth	Daniels	Icknield RC
34	08:34:00	Andy	Machin	Chiswick Cycling Club
35	08:35:00	Timothy	Budd	Hounslow & District Whs
36	08:36:00	Jason	Richardson	Dorking Cycling Club
37	08:37:00	Lee	Beckford	Reading CC
38	08:38:00	Bob	Richardson	Bournemouth Jubilee Whs
39	08:39:00	Shane	Townsend	Westerley Cycling Club
40	08:40:00	John	Bland	VC de Londres
41	08:41:00	Paul	Blamire	Amersham Road Cycling Club
42	08:42:00	Daniel	Chambers	Bicester Millennium CC
43	08:43:00	Gregory	Woodford	Reading CC
44	08:44:00	Craig	Gardner	Newbury Velo

45	08:45:00	James	Cadman	Hounslow & District Whs
46	08:46:00	George	Westall	Newbury Velo
47	08:47:00	John	Allen	Redmon CC
48	08:48:00	Adrian	Ford	Team Bottrill
49	08:49:00	Austen	Lowe	Watford Velo Sport
50	08:50:00	Andy	Tucker	Newbury Velo
51	08:51:00	Jeremy	Redford	Army Cycling
52	08:52:00	Adam	Thompson	BPC Race Team
53	08:53:00	Howard	Waller	Python RT
54	08:54:00	Nicolas	Stagg	Hounslow & District Whs
55	08:55:00	Paul	Morris	Fareham Wheelers CC
56	08:56:00	Henrik	Persson	FTP (Fulfil The Potential) Race Team